

Q&A with Dr. Karel de Jong

Gynecomastia and tears of joy

Male breast reduction in Zürich

I have witnessed tears of joy when patients finally have a masculine chest – and as a doctor, that is very fulfilling.

Dr. Karel de Jong

Specialist in plastic surgery, FMH, EBOPRAS



What is gynecomastia?

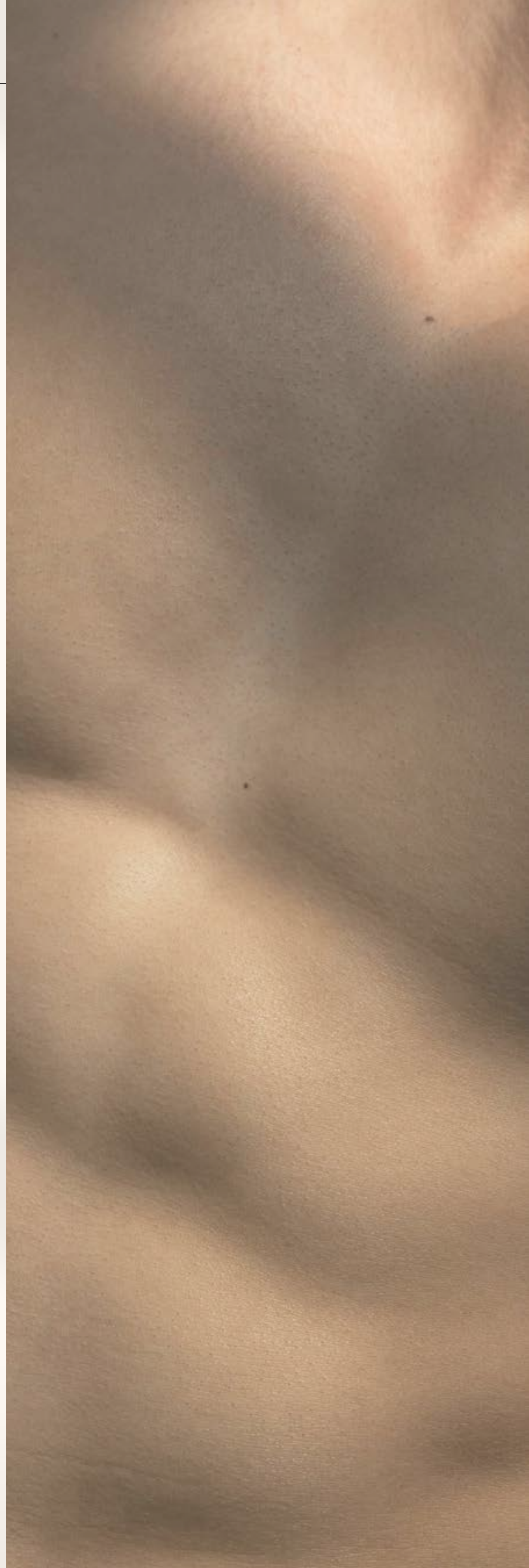
Gynecomastia usually is caused by a benign swelling of glandular tissue, resulting in an enlargement of the male breast, making it look feminine.

What does gynecomastia feel like?

Early gynecomastia feels soft and rubbery but later becomes fibrotic and therefore hard, inelastic and difficult to remove surgically.

Can surgery for gynecomastia change the lives of patients?

Gynecomastia can significantly change one's life – especially for young adults. After surgery, they are often overwhelmed with joy.



Book your
appointment now!

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